

Ramsay



**Vets
&
Pets**

pages 10 & 11



SEP 2023

Yoki & Jeff's Back To School

Ramsay & Inglewood Real Estate Report

Sold Stats (April 1/23 - August 1/23)

Detached & Attached Ramsay, Inglewood, Bridgeland

Bungalows	Ramsay	Inglewood	Bridgeland
Lowest Price	\$449,000	\$525,000	\$549,900
Highest Price	\$1,750,000	\$970,000	\$900,000
Number Of Sales	6	6	6
1.5, 2, 2.5 & 3 Storey			
Lowest Price	\$408,000	\$485,000	\$650,000
Highest Price	\$1,259,000	\$1,900,000	\$1,725,000
Number Of Sales	9	9	9
Semi Detached			
Lowest Price	/	\$441,000	\$890,000
Highest Price	/	\$1,092,500	\$1,100,000
Number Of Sales	/	3	3

***Still low level of house inventory *Continued job growth and migration to Calgary
 *Higher interest rate is offset by relative affordability
 *At the time of writing: 3 listings for sale in Ramsay**

Parents say: "You have to expect things of yourself before you can do them" - *Michael Jordan*

Kids say: "Is it just me, or did mom seem a little too happy about our first day of school" - *Sam Cords*

*We can't help, if you don't ask us
 If you are thinking of buying or selling,
 let us help guide you through the process*



Relocation Specialist

Yoki & Jeff Nichol

FROM ONE GENERATION TO THE NEXT
 "Both of us working for you"

Over 60 Years Combined Experience
CHAIRMAN'S CLUB LIFETIME MEMBER NATIONAL TOP 1%

ROYAL LEPAGE Solutions



"To give real service you must add something which cannot be bought or measured with money-sincerity and integrity"

403-852-1992 | 403-870-1892

Not intended to solicit properties already listed for sale



Relocation Specialist

Greetings Ramsay



By Kolja Vainstein, Ramsay Community Association President

I hope you've had a good summer. With kids now back in school and the days becoming shorter, it's a telltale sign fall is on our doorstep.

A big thank you to David Graham, the hard-working volunteers, and all the local sponsors who contributed to this year's community clean-up. The event was unbelievably well-organized and attended, and followed by an enjoyable get-together at Dandy Brewing. Also, a shout-out to Chelsea Lees and Jeff Wiehler for coordinating this year's Parade of Garage Sales. It was a picture-perfect day for the event with many people in the community participating.

With several people back from holidays, and school resuming for another year, we thought it would be a great opportunity for a community party. Mark September 23rd in your calendar for food, drinks, games, music, and fun up at the rink. Please check the the RCA website for more details.

As we head into the fall, the RCA Board will be looking at some exciting grant opportunities to potentially improve the community rink.

As many of you know, the rink is feeling its age and is in desperate need of maintenance and a facelift. Some preliminary ideas being discussed consider making the facility into an innovative multipurpose sports and community venue. Stay tuned as we learn more about what can be done along with sources of potential funding.

Don't forget to stay in the know about what's happening in and around Ramsay by checking out the RCA website (www.ramsaycalgary.ca). You can sign up for regular email updates on the website plus attend monthly meetings on the first Tuesday of each month (except July, August, and January). Meeting details are available on the RCA website.

If you are interested in joining the RCA Board, please let me know. We have vacant positions as we enter a new term this October.

As always, if you have any questions, comments, or new ideas, please email me at president@ramsaycalgary.ca

Ramsay School Stampede Parking Fundraiser



By Ramsay School Parents Association

Another summer of parents parking cars for Ramsay school kids has come to a close. Our parking fundraiser is unique and allows us to provide equal access to learning enhancements at Ramsay School. The ability to remove the burden of cost for things like field trips, new technology, and celebrations is one way that we are able to care for our community. Last fall,

the boundaries for our school were adjusted, and our school's population nearly doubled. Therefore, this year, our approach to the fundraiser felt different. We were acutely aware of its importance for our growing school base, and thankfully, 2023 was our most successful fundraiser to date!

It takes an incredible effort to run such a large fundraiser, and the volunteers you see at the top of the hill are only one (very important) piece of the puzzle. Our dedicated committee starts the planning process in March; many local organizations and businesses help by supplying free promotion (and door prizes!); and we receive lots of behind-the-scenes support from the Calgary Board of Education, the Calgary Stampede, and the Calgary Parking Authority. Working together with these large organizations can feel complex

and imperfect, but we are grateful for their eagerness to find a way to include and support our school in all the chaos that is Stampede season.

But we couldn't do all of this without your support! Thank you, Ramsay, for continuing to help in large and small ways as we try our best to repurpose the traffic that visits our community each year.



Lauren Kusick



Harlow and Greta

Community Clean-Up 2023

By David Graham, a.k.a. Trashy Dave

We had a great turn out for this year's Community Clean-Up on Sunday, June 18 at the Calgary Bridge Centre. The weather turned out great, despite a wet forecast. The cooler temperature was quite pleasant. There was a steady stream of vehicles dropping off garbage, metal and electronics for recycling, and donations for the Women in Need Society. Our Swap/Free Store table was full of various items from skis to telescopes – one person's trash is another person's treasure!

We have been tracking the total amount of garbage, metals, and electronics recycled since 2017. The years 2017 and 2019 were our biggest for garbage, with 2020 being the year the event was cancelled due to COVID-19. In 2021 we compacted 9,390 kg an amount that has been steadily climbing since then to 12,705 kg this year. In recent years the amount of electronics for recycling has been climbing too. This year we recycled 1,595 kgs of metals. Great job everyone!



(L-R) Dave Nichols, Vince Ferra, John Holt, Brad Osberg, Bas Wheeler



Carolyn Graham and Melody Chenoweth

A big thank you to everyone who participated and especially all the Ramsay Community Association volunteers, Chef Wade (Boreal Cuisine), and city employees (Rob and his team). A big thank you to all our sponsors including: the City of Calgary, the Ramsay Community Association; Calgary Heritage Coffee Roasters, Rosso Coffee Roaster, Leader of the Packs YYC, 7-11, and the Calgary

Bridge Centre, as well as The Dandy for hosting the after-party and providing refreshments. Chef Wade's BBQ lunch was much appreciated by our hungry volunteers and city workers! Our pick-up service was much appreciated by those without the means to get their garbage and recyclables to the site, so a big thanks to Kolja Vainstein and Sean Paradis for donating their trucks for the cause.

NOW OPEN



EVIL CORPORATION
BREWING

Calgary's newest brewery taproom

Unique small batch craft beers brewed on-site

Sample flights served in test tubes

Open 7 days a week

Family friendly

Dog friendly patio

1220 20 AVE SE
(RAMSAY DESIGN CENTRE)

Art in the Grass

By Margaret Toye

GROW III is a temporary installation by Ramsay-based artist Cassie Suche. It's in the park between the rink and the community garden, and was made using non-toxic grass dye mixed with organic fertilizer. She made a stencil out of corrugated plastic to create the lines in the grass. She spent about 1.5 hours mapping out the piece and setting up flags, and then 9 hours for the actual installation. She managed to do it all in one day, although the weather took a dramatic turn in the final moments and she had to scramble home to get a new battery for the fertilizer pump.

This is Cassie's third such artwork. Her first was installed in 2021 in Mount Pleasant, funded by the community association through a grant from the Parks Foundation and the City of Calgary. Her second was installed in 2023 in Harmony Park and was supported by the Calgary Downtown Association and the City of Calgary. That piece includes multiple circles and was grueling to create. The piece is enjoyed by workers in the surrounding office towers.

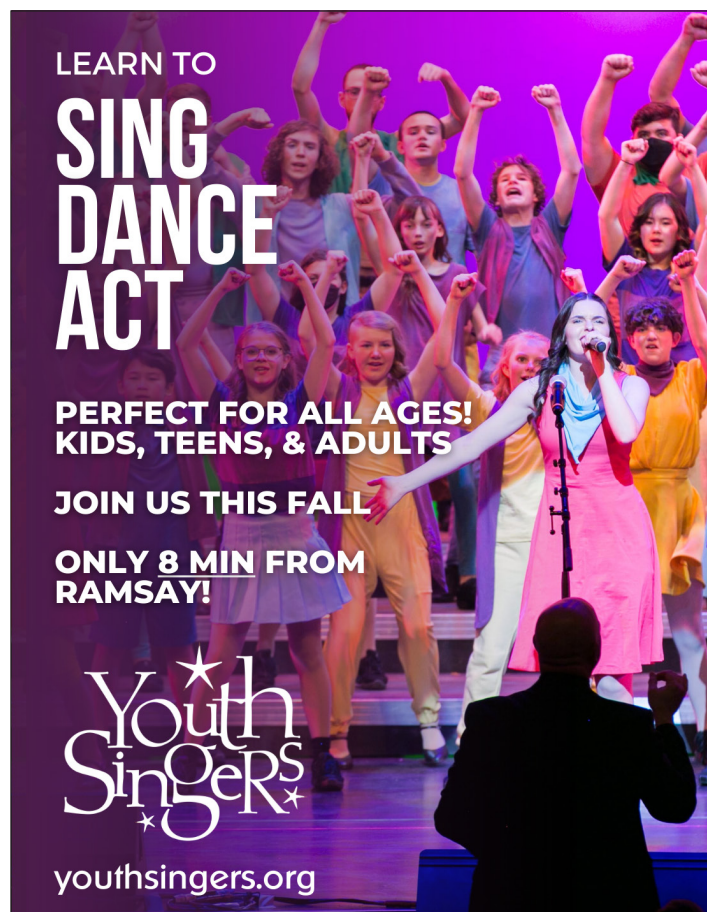
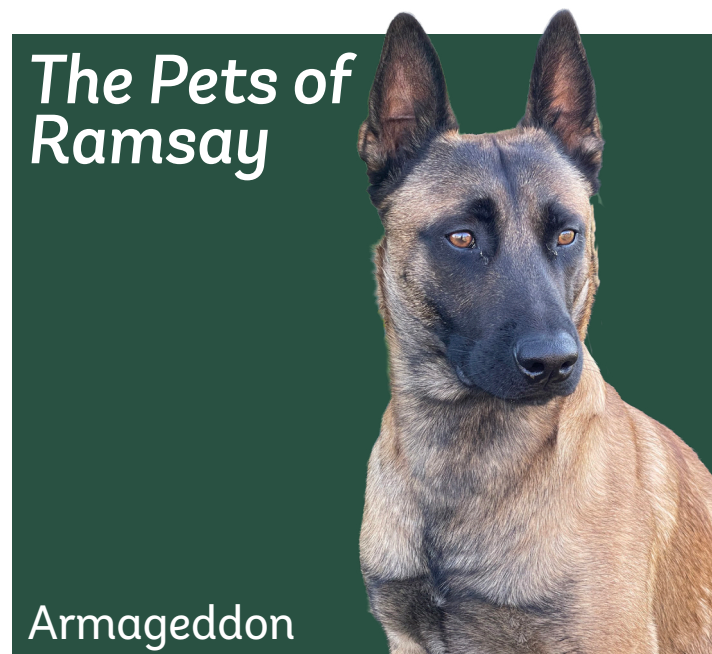
The intention of these pieces is for them to be highly visible initially, until the dye washes away, and then as the summer progresses the fertilizer and iron take effect to again darken the grass. She is tweaking the process with each new installation and the execution has improved each time. She recalls being impressed as a child by how lush the grass would grow on the parts of her lawn where her father had spread fertilizer pebbles to renew grass where the dog had urinated on it.

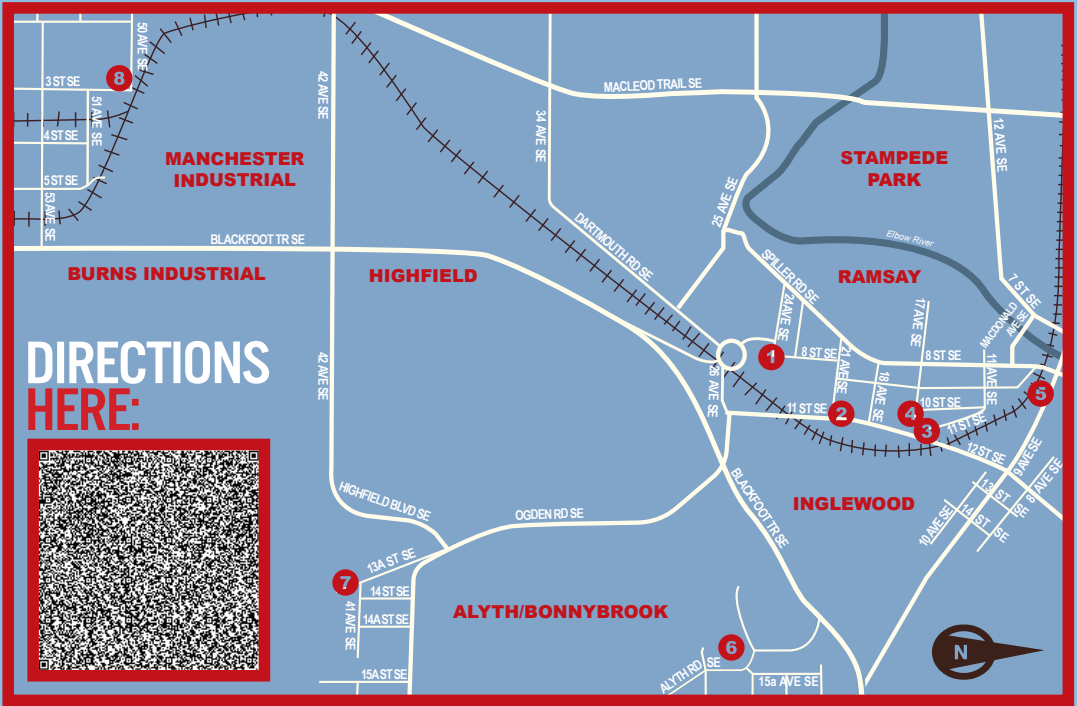
Cassie is a contemporary abstract artist who paints, draws, uses materials such as brass and concrete, makes her own tools, and



Photos by Nic Nolet (@nnolet)

creates public art and murals. She's contributed to the Beltline Urban Murals Project, and you can find her murals in Red Deer, Fernie, Drumheller, Creston, and Naramata. She also does some design work and has built unique trophies for employers to reward staff. Cassie holds a Bachelor of Fine Arts degree from Leeds Arts University in England. She is represented by Paul Kuhn Gallery in Calgary. You can check out her work at her website: cassiesuche.com





FOR MORE INFORMATION | WWW.BURNSVISUALARTS.COM
WATCH FOR THE RED BALLOONS

- | | |
|--|---|
| 1. BURNS VISUAL ARTS.com 828 24 AVE SE | 2. nvrInd.ca 1048 21 AVE SE |
| 3. ARTPOINT.ca 1038 17 AVE SE | 4. HERITAGE WEAVERS & SPINNERS.org 1038 17 AVE SE |
| 5. hello.THE NEW BLANK.ca 915 9 AVE SE | 6. WORKSHOP STUDIOS.ca 2501 ALYTH RD SE |
| 7. mud URBAN POTTERS.ca 4111 13A ST SE | 8. 500 COLLECTIVE.com 321 50 AVE SE |

EXPLORE THE CREATIVE SPACES OF ESTABLISHED + EMERGING ARTISTS IN CALGARY

20TH ANNUAL
EAST SIDE STUDIO CRAWL
 INGLEWOOD / RAMSAY AREA
 DETAILS @ BURNSVISUALARTS.COM
 SAT. SEPT. 9, 2023 10:00 - 5:00

SPECIAL THANKS TO:

Alberta Foundation for the Arts

ROSSO
COFFEE ROASTERS

BURNS VISUAL ARTS SOCIETY |
HERITAGE WEAVERS & SPINNERS |
WORKSHOP STUDIOS | nvrInd. |
ARTPOINT | THE NEW BLANK |
mud URBAN POTTERS |
500 COLLECTIVE |

WATCH FOR THE RED BALLOONS

A Message From Our MP

By Greg McLean



Friends,

As we commemorate National Day for Truth and Reconciliation, we must reflect on the ongoing struggles Indigenous communities in Canada face. Decades of systemic neglect have led to numerous adversities, some as fundamental as the lack of clean water. Indigenous communities often grapple with major problems such as extended water advisories, exacerbating existing health and sanitation issues.

Furthermore, many reserves lack comprehensive sustainable economic opportunities. We need to act and create new opportunities. For instance, this is why the Conservatives have proposed constructing pipelines in partnership with First Nations groups to foster economic growth.

Lastly, the haunting legacy of residential schools persists. This dark chapter in our history has inflicted intergenerational trauma and continues to impact Indigenous communities in multifaceted ways to this day.

This National Day for Truth and Reconciliation, it is our responsibility to acknowledge these hardships and foster dialogue around solutions that respect the rights and dignity of First Nations communities. As we remember the past, we must ensure that the spirit of reconciliation informs our actions for the future.

September also marks our annual Calgary Pride celebrations. This is a splendid opportunity to acknowledge the considerable progress made by the LGBT+ community in Calgary and to celebrate those who are living their authentic lives. I have always been a supporter of the 2SLGBTQ+ community and continue to stand with them.

Sincerely, Greg McLean

Please contact me at **Greg.McLean@parl.gc.ca** or by phone at **403-244-1880**, and keep up-to-date on my work in Parliament on my website, **GregMcLeanMP.ca**.

Piano Lessons in Ramsay

ernanspianolessons.com

Register now!

(587) 890-4421

ERNÁN McLoughlin, B.Mus
ernanmccloughlin@hotmail.com

WEEKLY SPECIALS

Join us for weekly deals on food + drink

OLDER ADULT TUESDAY
If you are 55+, enjoy 10% off all food items and 25% off all handcrafted beverages (excl. Stoke Juice, North Water, liquor, and liquor based beverages)!

ALL DAY TUESDAY

LIGHT BREAKFAST WEDNESDAY
Enjoy an affordable light breakfast consisting of a muffin and an americano

\$5 ALL DAY
UPGRADE TO AN AMERICAN MISTO FOR \$2

THIRSTY THURSDAY
BOGO on all drip coffees, americanos, espressos, americano mistos, lattes (excl. flavoured), and London fogs!

ALL DAY THURSDAY

FLATBREAD FRIDAY*
Freshly made dough baked into personal-sized pizzas at an affordable price for you to enjoy every Friday, all day long

\$9.95 FRIDAY SPECIAL

THE SATURDAY + SUNDAY SPECIAL*
Pancake and mini sausage links brunch available weekends only. Did we mention \$5 Mimosas all weekend long?

\$13.95 FROM 9:30AM-2:00PM

#WEEKENDHAPPYHOUR
Drain glasses without draining your wallet! Bottomless Mimosas available for one hour every Saturday and Sunday!

\$7.50 FROM 11:00AM-12:00PM

Canela Vegan Bakery & Café
canelayyc.com | 1319 9 Ave S.E. | (403)-226-4199

Ramsay Community Soccer



By Julie Tschofen and Margaret Toye

Thursday evenings in May and June saw the fields near the rink abuzz with soccer players. 103 kids, aged 3 to 8, donned the Timbits jerseys this year.

The littlest division, U4, ran hard and listened well. Their field had very few dandelions this year so there was not much picking to do. The U6 division took time to learn basics like 'throw-ins' and had lots of healthy debates about who would play in net. U8 games had flying shoes, loud cheering, exciting game-winning goals and big celebration hugs.

This was, as always, completely volunteer-run. Karla Ingoldsby, Jenn deJonge, and Julie Tschofen organized the league, and this year junior coaches-siblings that are too old for the program-helped out.

The weather was either very hot, very cold, very windy, or very smokey, but the last day it held out for a beautiful wrap-up party. Lauren @laurenjanebakes donated cupcakes for the celebration. Thank you to our party planning crew: Monica Plamondon, Sarah Hop, and Nicole Newton

Soccer will be back again next year, so look for info in the March newsletter and the RCA website next spring for sign-up details.

It was so great to see all the families come together at the top of the hill. It seems like there are lots of new kids in the neighbourhood.



Hailey Banack, Addy Tschofen, and Paige Banack



Team U4 Kiwi



Jeff, Tommy, and Lauren. Lauren donated yummy cupcakes!



The Pets of Ramsay
Sochi and Turk

Updates From Our MLA



By Joe Ceci, MLA for Calgary-Buffalo

Greetings Ramsay!

I hope this finds you all in good spirits and enjoying the last few weeks of summer. As we bid farewell to summer and welcome the fall, I wanted to take this opportunity to update you on what I've been up to as your MLA.

As a part of the largest Official Opposition in Alberta history, myself and the rest of the Alberta NDP Caucus will be busy holding this government to account. We have a strong team of Critics and I'm excited to head to the Legislature in October with our 38-member strong Opposition. Along with being your MLA, I've been re-appointed as the Alberta NDP Caucus Chair and also the Critic for Arts & Culture. My previous Critic portfolio was in Municipal Affairs. While I'm sad to leave it, I look forward to advocating for the vibrant arts scene in Ramsay, and across Alberta.

Top of mind for me this month is the affordability crisis. We've heard lots about it in my constituency office and I want to assure you that we're working hard to advocate for better solutions for Albertans. We've seen electricity rates soar to more than four times what they were under the Alberta NDP Government. The Alberta NDP team has proposed an emergency cap at 12 cents-per-kilowatt-hour and will continue to advocate for more long-term measures,

such as developing a reliable and affordable low-emission grid. I've also been working with MLA Janis Irwin, the Critic for Housing, on policy research to address the housing crisis and the record increases in rent prices. Albertans deserve a government that protects our family Budgets.

Because this is my first column since being re-elected, I wanted to close by saying how

honoured and grateful I am to be the representative for Calgary-Buffalo. Thank you for

reinstating your trust in me to represent you at the Legislature. I'm excited to continue representing you as we build a better future for our province together.

Sincerely, Hon. Joe Ceci
MLA for Calgary-Buffalo

As always, I am here to serve and represent you, so don't hesitate to reach out at **Calgary.Buffalo@assembly.ab.ca** or **403-244-7737**. Please know that myself and my office team are always here to help.

1024 Maggie Street SE,
Calgary, Alberta, T2G 4L7

 **RAMSAY** HAIR SALON

Book Now: 403-764-5154
www.ramsayhairsalon.ca



Providing high
quality hair
services tailored
to each customer.



NOW OPEN! Book your appointment online at www.ramsayhairsalon.ca today.

Vets and Pets in Ramsay

By Margaret Toye

Dr. Iain Chenoweth has been a vet for 31 years, and a Ramsay resident for 28 years. Iain grew up in Scotland, completed his training at the University of Glasgow Veterinary School, and spent the first three years of his career in Hong Kong working at the RSPCA. He has been based at the Forest Lawn Veterinary Hospital since moving to Calgary in 1995, focusing on medicine, surgery and dentistry for cats and dogs. Iain is the medical director for a group of four veterinary practices and provides mentorship and leadership to 5 additional practices in the Calgary area.

"Animals are amazing in everything they provide to us and what they allow us to do," Iain shared with me. He told me that there is a fascinating relationship between animals and people, and as a vet he aims to make that relationship the best it can be for both pets and people. "There is a fascinating interaction of mutual benefit and it is magical to be part of that." He has been rewarded in his career by the relationship he's had with amazing animals, owners, and whole families. He's found that listening is very important, as the information provided by the owner or guardian is vital to providing the best medical care.

Dr. Sandeep Gupta and Dr. Gurjinder Nangal opened the Ramsay Animal Clinic in August 2017. They both grew up in India, and completed their veterinary training there, coming to Canada in 2014 and 2008 respectively. They are thrilled with the support the clinic has had from our community, and their practice has grown so much that they are moving to a larger premises in Inglewood this month.

Sandeep gets a lot of satisfaction in his career by working with patients who can't speak. "Animals are like our babies!" He says it is important to be compassionate and genuine. He and Gurjinder are happy to really enjoy careers in the discipline that they studied long and hard for. They also appreciate the flexibility of their work.

The Pets of Ramsay

Ruby



Gemma & Dr. Iain Chenoweth

Iain is passionate about the veterinary profession and remains interested in the complex problem-solving that is a big part of the job. As Area Medical Director for nine practices, he spends 1-2 days a week providing assistance and ensuring that each veterinary care team is supported. The veterinary profession can take a toll on one's mental health, with isolation, imposter syndrome and compassion fatigue being examples of some of the challenges that vets experience in their careers. Sandeep and Gurjinder echoed this and told me that they wanted to go into business together so that they could support each other and discuss difficult cases. "It can be a stress-

ful profession. Relaxation is very important," said Sandeep.

Iain is also an advocate for hands-free radiology in veterinary medicine; VCA Canada, with which his practice is affiliated, is working towards the goal of veterinary team members never being put at risk of radiation exposure during medical imaging processes. Iain's group of practices has also been a part of the University of Calgary School of Veterinary Medicine Distributed Veterinary Learning Community since the inception of the veterinary school in Calgary. Teaching vet students for their clinical practice rotations in their final year of study is a very important and engaging part of the job. As a result of this successful partnership Iain's practices have hired multiple graduates of the U of C program over the last 10 years.

Sandeep and Gurjinder have hosted students from Olds (Animal Health Tech) and Bow Valley (Vet Office Assistant) Colleges, and they have supported a U of C study on parasites by supplying animals' blood and fecal samples.

I asked Sandeep and Gurjinder about memorable moments in their careers. The examples they shared all had to do with owners worried



Dr. Gurjinder Nangal and Dr. Sandeep Gupta of the Ramsay Animal Clinic

that their pets were nearing the end of their lives but the vets provided interventions that made them healthy again and could live many more years. One pet owner was doctor, and together with the vets looked at his dog's x-ray. They all thought the dog had cancer, but luckily the dog's issues were solved by anti-inflammatory drugs and the dog is still alive five years later.

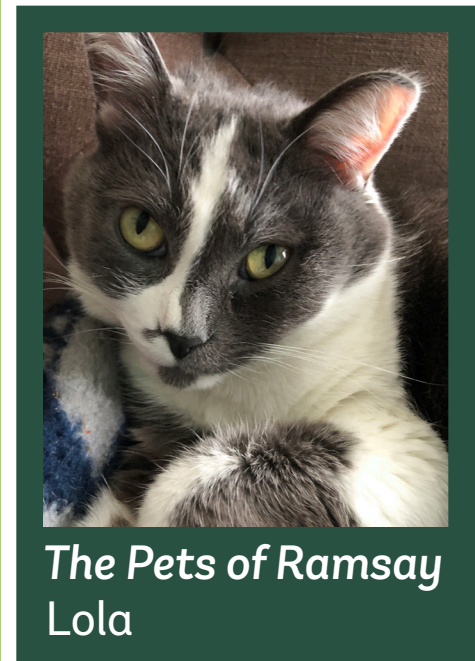
I asked the vets for advice to share with readers who are thinking of getting a pet. Iain recommended supporting well-run rescue organizations, as all animal shelters are full at the moment, and Iain recommends trying to adopt a suitable pet from an animal shelter or rescue organization if you can. One reason for animal shelters being overwhelmed is that some pets who found homes during COVID-19 have been given up because the owner's lifestyle or economic circumstances have changed, and many are challenged by housing where animals are not accepted. Adopting from a shelter or rescue helps deal with this societal problem as well as helping animals in need.

All the vets recommended reflecting on your lifestyle, and doing research about the best type of pet that would suit that lifestyle. Rescue

organizations will help you determine if a particular animal would be compatible with your situation, and they ensure that the animal is physically healthy physically and behaviourally suitable. He suggested that if you are getting a dog from a breeder to understand where you are getting that dog from as there are many reputable breeders, but other situations that are not so transparent, so make sure to ask lots of questions and visit the breeder if you are able to. A good breeder will also help ensure animal health and compatibility with your family and home. If you are importing an animal from another country, make sure that the pet has all appropriate health tests prior to you committing to the adoption. Most veterinary practices can provide advice in these situations. Gurjinder stressed the importance of preventative medicine for your new pets: vaccinations, deworming, and dental prophylaxis.

Neither Sandeep nor Gurjinder have pets at home, because they don't have the time to devote to pets as they spend many hours at the clinic each day. Iain has a cat named Gaston, and when he claimed that Gaston is the best cat I had to argue because clearly my Lola is the best one. I did have to agree though with his assertion that cats know more

than give them credit for. He also has a dog called Gemma, who is a Spinone Italiano, a breed that tends to be laid back and easy going. Gemma loves to get out walking, to swim, and be active with other dogs, but she is also happy to lounge and relax when her human family is taking it easy at home. Gemma and Gaston get along really well, although Gaston is definitely the boss in that relationship!



**The Pets of Ramsay
Lola**

hey neighbour, let us love your old home



dapper **BUILT**

simply well built

dapperbuilt.com

THEME: DOG BREEDS



SUBMIT YOUR COMPLETED CROSSWORD BY THE END OF SEPTEMBER TO THE TAPROOM TO BE ENTERED IN A RAFFLE FOR A GROWLER & FILL

DOWN:

1. COMMONLY KNOWN AS THE WEINER DOG
2. EASILY RECOGNIZABLE BY HEAVY WRINKLES AND LOOSE SKIN AND FROM ENGLAND
5. LARGE, POWERFUL BLACK & BROWN GERMAN DOG USED FOR HERDING LIVESTOCK & PULLING CARTS
6. HUNTING DOG FROM JAPAN THAT IS RECOGNIZED BY ITS GOLDEN COAT AND CURLED TAIL
7. WHITE COAT WITH BLACK OR BROWN SPOTS & FROM A MOVIE FEATURING 101 DOGS OF THIS BREED

ACROSS:

3. SMALL STURDY DOG WITH A NAME SO NICE YOU HAVE TO WRITE IT TWICE, ORIGINALLY FROM CHINA
4. FLUFFY TOY DOG BREED WITH A FOX-LIKE FACE
8. DESCENDED FROM BULLDOGS AND TERRIERS THIS DOG IS THE MOST POPULAR IN THE UNITED STATES
9. TINY DOG NAMED AFTER A MEXICAN STATE
10. BREED NAMED AFTER MUHAMMAD ALI'S JOB



JULY 2023'S ANSWERS: DOWN: 1. CAESAR 2. JULY 4. ICEDTEA 5. PAKISTAN 6. SLOWER ACROSS 3. HIGHER 6. STAMPEDE 7. VOLLEYBALL 8. TURTLES 9. SECOND

WHERE'S COLD GARDEN IN SEPTEMBER?

SEPT. 9: COLD GARDEN 3'S BASKETBALL TOURNAMENT/
SIKAM'S TOUR @ GOPHER PARK

SEPT. 16-17: COLD GARDEN'S LIMBER OPEN DISC GOLF
TOURNAMENT @ LLOYD PARK & WJ HOMESTEAD

SEPT. 16 EVENING: STAY LIMBER WITH COLD GARDEN, A DISC
GOLF PARTY AT LLOYD PARK

SEPT. 14-17: BEAKERHEAD FESTIVAL AT SHAW MILLENNIUM PARK
& CONTEMPORARY CALGARY

STAY TUNED TO SOCIALS FOR BOARD GAME TOURNAMENTS
DOZENS OF BOARD GAMES ALWAYS AVAILABLE IN THE TAPROOM!

CHECK OUT SOCIALS FOR CRAFTY MONDAY EVENTS!

FOR DETAILS FIND @COLD_GARDEN ON IG, FB, & TWITTER

COLD GARDEN