

# Ramsay



MAR 2022

# Tail Blazers Inglewood

## Healthy Pet Food & Supplies

Food • Treats • Toys  
For your best friend



Come in and say hi!

1420 9th Ave SE



@TailBlazersInglewood

403-265-7088

# Shooting for Spring Goals



By Nicole Battistella, Ramsay Community Association President

On behalf of the RCA, I'd like to extend a heartfelt thanks to all the volunteers who helped create and maintain fun and active community spaces this winter. Mother nature proved once again that winter programming in Calgary is tricky. After deep-freeze December, we hit a sweet spot in January before everything melted in February. With cold temperatures back, we'll support volunteers with how to best finish the season.

Since November, the Board has been settling into new roles and supporting various initiatives, including this term's **3 key goals**:

## 1 - Our City-Leased Facility (aka: The Rink/Bike Skills Park and Shack)

- 2102 Ramsay Street remains our largest expense and use of volunteer time, even in its current state. This year's insurance and utilities will total ~\$13,000 with an estimated additional ~\$100,000 in repairs to remain compliant, which we hope to optimize through grants.
- Despite hiring a Project Manager to carry out larger grant applications, the nature of a volunteer organization maintaining a City-owned facility is slow moving. We'll continue scenario planning and identifying incremental upgrade opportunities to make this community space more inclusive, accessible, and sustainable. Engagement events to hear from you are coming – stay tuned.
- The rink was temporarily closed in November as a light cover fell due to wind. It has re-opened after removing all covers and bulbs, and ceiling-mounted LEDs are included in the upcoming repairs mentioned above.
- Until the RCA can establish a reliable stream of unrestricted revenue, it will remain largely volunteer-run, thereby limiting typical facility management services, including shack access and one-off rentals.

## 2 - Master Events Plan for Scotsman's Hill

- After 2021's Stampede debrief, the RCA drafted a formal request to Ward 9 to address reoccurring safety and traffic concerns. Making the Scotsman's Hill conversation a priority this term has resulted in Ward 9's commitment to establish a year-round Master Events policy plan by July 1, 2022. This policy should capture not only Canada Day, Stampede, and a general lack of year-round bylaw enforcement, but also one-off events such as the 2022 NYE fireworks.

## 3 - Administrative Technology

- Record-keeping in an organization with terms spanning 1-2-years is critical. To help reduce volunteer time and audit timelines, we've recently added software to ensure electronic filing of invoices. Thanks to Glenn Street for the swift implementation.
- Our next opportunity is volunteer management. We are seeking software to assist with communicating current opportunities, sign-up, tracking hours, recognition, etc.

## Other exciting initiatives:

**"Exploring Communities"** with U of C Urban Studies students. Focusing on placemaking, students work with the Ramsay community to create a unique project through identifying demographics, needs, and unique amenities. Join us for pitch night, online on April 7th.

**Car-Free Sundays in Inglewood** will be returning in August. Visit [ramsaycalgary.ca](http://ramsaycalgary.ca) for Ramsay-specific communication from Rebecca O'Brien of the BIA.

**The Ramsay tennis courts** will be getting an upgrade. Included: pickleball lines and a permanent basketball hoop in the corner of the practice area. Work will take 6-8 weeks sometime between May and October; therefore, courts will not be bookable this season.

This was a hefty update, Please reach out to me anytime with questions. You can also stay connected by:

- Checking [ramsaycalgary.ca](http://ramsaycalgary.ca) and following RCA FB & Insta
- General Meetings are held virtually on the first Tuesday of every month. Everyone is welcome and Ward 9 attends regularly.
- Newsletters are published quarterly. Next up: June, September, and December.
- Purchasing an RCA Membership (see below). Members now receive brief monthly emails, including time-sensitive community updates and reminders between newsletters.

Lastly, a huge shout out to Margaret Toye, Nik Thierry, Little Rock Printing, our volunteer contributors and distributors, and incredible local businesses for advertising. This newsletter would not exist without your support and hard work!

Sincerely, Nicole - [president@ramsaycalgary.ca](mailto:president@ramsaycalgary.ca)

## Ramsay Community Association Membership

RCA membership for 2021-22 are on sale now. The membership year runs from July 1st, 2021 to June 30th, 2022 so there is still most of a year to enjoy the benefits of being a member!

Fees collected help support recreation, this newsletter, technology, and finance costs. Your support is hugely appreciated, and your membership card will get you discounts at over 75 awesome local businesses.

A full listing of participating businesses and discounts can be found here: [bit.ly/3gD3hn3](https://bit.ly/3gD3hn3)

Membership cards are issued within 5 business days of payment being received. Use the QR code to access the membership form.



SCAN ME

# Bee Joyful



By Joline Magwood, Ramsay School Parent Association

Ramsay School is known as the little school with the big heart, and its heart got a little more colorful last November. The Ramsay School Art Fence was installed and is home to 200 wood cut bees, butterflies, and flowers welcoming our students to school each morning. The Ramsay School Parent Association was fortunate to be able to support this community project, and connected with artist Monica Ila to learn more about the art she created with 150 emerging artists.

## How did you come up with the idea? (Darby, 10)

I wanted to do something joyful for our neighbourhood during the pandemic. I walk by the Ramsay School fence often on dog walks and brightening it up has been on my "things I'd love to do" list for several years. I'm always interested in creating art in unused spaces and to work with communities.

## How did you become an artist? (Loula, 7)

I always knew I wanted to be an artist, I just didn't know how to be one. I am incredibly shy and it took me a while to gain the courage to do so (with the help of a great support system). I am the most happy when I am being creative and I think that is a key sign.

## Have you made public art before? (Harrison, 5)

The Ramsay Botanist in the community garden and the Amoeba Party Mural on 9th Street are two within Ramsay. I think public art is one of the most satisfying types of work to make. It can be a heartbreak when

it gets damaged or vandalized but in the end it is worth it. Primarily because it is accessible to people of all ages and walks of life. After all, art makes our city a better place to live!

## What do you want to make next? (Colin, 8)

I'm working on two puppet shows as a puppet builder right now. Yabber and Wastelands can be seen at this year's Festival of Animated Objects, March 10-20, 2022. After that? I'd love to make another mural and get back to painting monsters.

## Do you have advice for kids who want to be artists? (Louis, 11)

Keep making all the things! Find other creative people, find new places to create, classes to take and styles to try. Working with other artists is an incredible way to learn and grow - I am forever grateful for the community of artists that I have been supported by and continue to learn from. It does not matter if you feel like your work

is good enough, keep creating, you will continue to develop and grow. Just make sure that whatever you are doing is what makes you happy.

## What's your favourite public art in Calgary? (Atticus, 7)

I have four and cannot choose one! In no specific order:

- The Delta Garden + The City Unseen by Caitlind r.c. Brown and Wayne Garret
- The East Village RiverWalk artwork by Katie Green (with the East Village residents and the CMLC)
- The Centre City Banner Program and the art of Jarret Sitter
- Wandering Island by Caitlind r.c. Brown, Wayne Garret and Lane Shordee



## And what do the kids think?

It reminds me of when butterflies come together and make friends with the bees. It makes me think my school is fun - **Greta, 7**

I liked that we could be creative. I just love art - **Hazel, 9**

It makes me happy. It reminds me of spring and the environment - **Evie, 6**

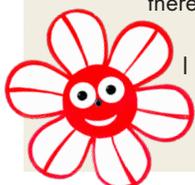
I show mom my flower every morning on my way to school - **Luc, 5**

The art is arranged in rainbow colours. It's awesome - **Cadence, 6**

It was cool to work with a real artist and see the art that will be there for a long time - **Lawrence, 10**

I liked drawing the mouth - **Isaac, 5**

I really liked painting the butterfly - **Effie, 5**



## A community full of thanks

Funding for the project was raised from crowdfunding (58 Kofi Project Supporters), an Embrace the Outdoors Grant from the Parks Foundation and the City of Calgary, as well as the Ramsay School Parent Association, which is the fundraising group that supports Ramsay School students.

The Art Fence is the creative brainchild of Monica Ila who volunteered an incredible 640 hrs on this project. 44 volunteers generously helped prepare and install 212 pieces, and about 180 pollinator shapes were painted by the Ramsay school students and staff. Thanks to all for bringing your designs to life!

Learn more about the Artist, Monica Ila, at: [monicaila.com](http://monicaila.com)



# Planning + Development Updates

By Jeff Thomson, RCA Vice-President, External

By Planning and Development impacts all residents of Ramsay. Stay informed and have your say. I am always available to hear comments, questions, and concerns, to seek clarifications, and to provide additional information. New members are always welcome to join the newly revamped Planning and Development Committee. You can contact me at [vpexternal@ramsaycalgary.ca](mailto:vpexternal@ramsaycalgary.ca)

Here is an overview of what has been happening in Ramsay since December and what to key an eye out for in the future:

## Green Line LRT & Transit Oriented Development



The Green Line development continues to move forward. Engagement for the new Ramsay-Inglewood station area improvements project that focuses on public realm improvements to several areas, including the Greenway link from the new station through Jeffries Park to the Elbow River, took place through January. The project team has since worked through revising the conceptual plans which

will be finalized in March. For more information on this project along with any updates that may take place feel free to check out



<https://engage.calgary.ca/ramsay-inglewoodTOD>.

## Jack Long Park Redevelopment

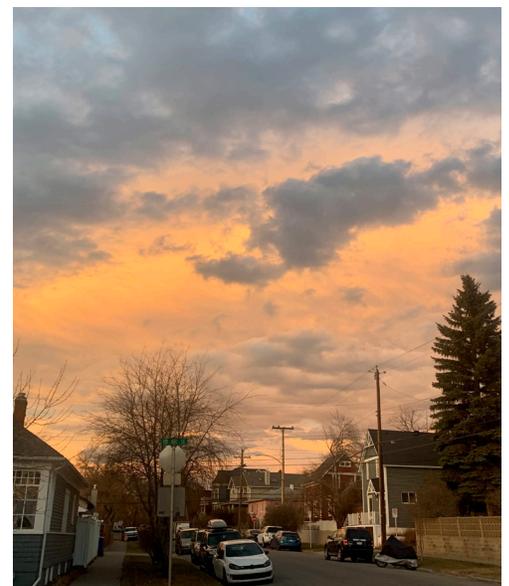
Jack Long Park, located along 9th Ave SE, is now open to the public. Most of the fencing around the redevelopment project came down in January while a small fenced area remains to give the sod some time to establish. The park includes open lawn spaces, picnic areas, and a playground. The park is named after Jack Long, a nationally respected architect, planner, and community activist who profoundly impacted the nature of Calgary communities. An official opening event is expected to take place later this year so please look out for updates. For more information on the project, feel free to visit [calgary.ca/JackLongPark](http://calgary.ca/JackLongPark).

# Ramsay as a Tree

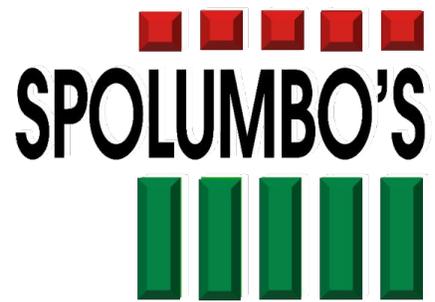
By Shawna Lea Suitor

If Calgary were a forest, Ramsay would be one of the biggest and oldest trees. Just as the rings of a tree show us how long it has been growing, the eclectic homes on each street show us the stages of growth here in our community.

We can all see what is on the surface. Everyone knows where you get the best view of the Stampede fireworks. My 11 year old knows that if he wants a stack of plate sized pancakes before school starts, we make an early stop at Red's Diner. We all know the local breweries in and around our community. These are easy to see—the bark on the tree. I want to carve into the the layers, and find the things that we don't all know. What can we discover if we dig deeper? How many home businesses without store fronts do we pass on our evening walks? What kind of wonderful people inhabit these diverse homes? As far as rings on the trees go, I am near the outside. There is a lot that I (and I'm sure many others) have yet to learn about Ramsay. Do you know a business that is deserving of some recognition? Do you have a story that you believe should be told? Is there someone in our neighbourhood that merits a mention? Send your stories, suggestions, and shout-outs to [shawna@ramsaycalgary.ca](mailto:shawna@ramsaycalgary.ca). We will share in our newsletters and onto our social media feeds. Let's keep our tree watered and watch it grow.



**\$100**  
***Eat-For-A-Week***  
***Home Delivery***



**2 x Lasagna** (beef or chicken)

**4 x Cannelloni** (two x 2 tray)

**3 x Barca** (one tray x 3)

**24 Meatballs** (two x 12 tray)

**2 x Marinara** (two jars)

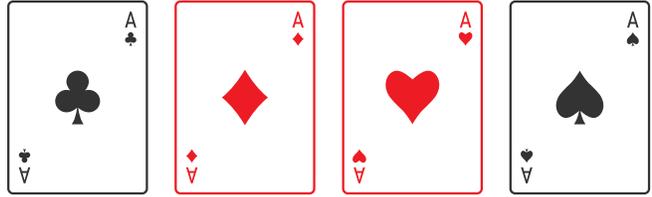
*spolumbos.com*

**FREEZER-FRIENDLY PACKS**

**\*FREE DELIVERY!**



# Calgary Bridge Centre



By Margaret Toye

The Calgary Bridge Centre occupies the building that was once the community centre in Ramsay. This will be the hub of bridge action in the city once COVID-19 subsides, with 26 tables ac-



Fiona Swanson

commodating 120 people and bridge clubs coming together from all over the city to use it.

Crystal Mann is the Bridge Coordinator for the centre, and Fiona Swanson is the hall administrator and a bridge player herself. She showed me around the centre. She anticipates the centre to be busy during weekdays as seniors from bridge clubs city-wide get together to

play. She shared that the Centre is aiming to offer classes for new bridge players, singles meet-up nights, parent-child bridge events, tournaments, and family game nights. Currently, during the pandemic, bridge clubs are playing virtually. There are screens in the bridge centre that will allow for some hybrid activity, and Fiona says that soon bridge club directors will gather at the centre and monitor online games, as a first step towards returning to live face-to-face play.

The downstairs level is available for rentals for a variety of events, at a cost of \$50/hour to a maximum of \$400. Community programs that don't charge a fee may even be able to use the space at no cost. There is a non-commercial kitchen in that space.

For more information, please contact Fiona at [office@calgarybridgecentre.ca](mailto:office@calgarybridgecentre.ca) or at 403-764-1430, or check out the website at [www.calgarybridgecentre.ca](http://www.calgarybridgecentre.ca)



## Open for Business

- Yes, we are a clinic not a spa (but feels like one)
- Yes, we are good (very good)
- Yes, we are clean (it's all brand-new)
- Yes, we are affordable (even without insurance)
- Yes, we have direct billing (because you expect it)
- Yes, we have free parking (you're welcome)
- Yes, we have online booking (so it's easy to be a client)
- Yes, we are open evenings, and weekends (convenient)

ther-alleve  
Therapeutic Massage • Wellness Clinic

ther-alleve = therapeutic + alleviate pain

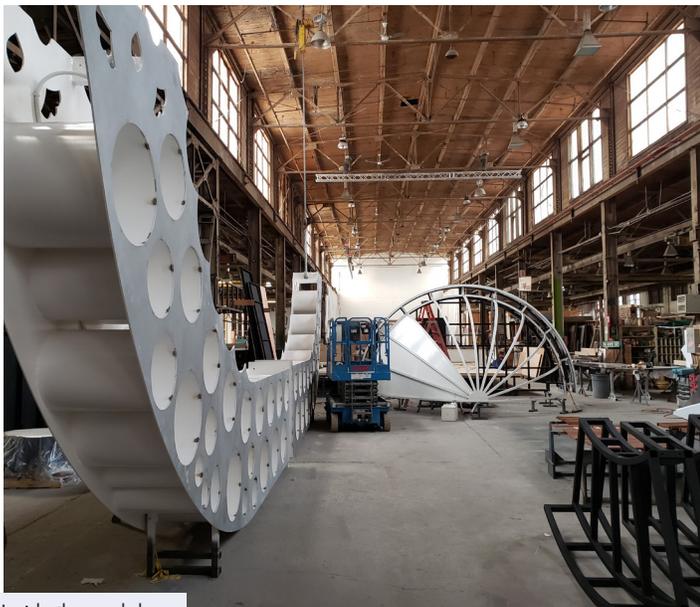
Wellness on 9th (Inglewood) 2nd Floor, 921- 9th Ave. SE Calgary Alberta T2G 0S5

alleviate pain • Feel empowered in your health • (587) 323 4842 • [theralleve.ca](http://theralleve.ca)

# F&D Scene Changes

By Margaret Toye

At the south end of Ramsay, with an entrance on 24th Avenue, F&D Scene Changes maintains 65,000 square feet of build space in two 33 feet high bays. It is a bustling creative community hiding in plain sight within our neighbourhood. What exactly does F&D Scene Changes do?



Inside the workshop

F&D provides specialty fabrication for many industries, including film and television, Broadway theatre, theme parks, retail space, and museums. Close to home, F&D built the metal tipi at the Stampede grounds, and moved it into its new home at the Elbow River Camp. They created Destination Africa, Gateway to Asia, and many other exhibits at the Calgary Zoo. Much farther away, they've built exhibits for theme parks in Japan and China. Los Angeles' Centre Theatre Group, the largest regional theatre company in North America, has been using sets built by F&D for 20 years.

A project always starts with a concept, which is followed by a design. Next come the drafting and engineering of the build, the construction itself, and installation. F&D can take a project through all these steps, or just provide one or more of these to the client. For example, the zoo's new Bugtopia exhibit was designed in-house and then built and installed by F&D, during the pandemic.

I was lucky enough to visit and walk around F&D in the fall. My tour guide was Finn McConnell, a Calgarian and 2013 University of Alberta Fine Arts graduate. His role is Project Manager and he is a partner in the business, and his pride in and commitment to F&D was tangible. Depending on its projects, F&D employs 80-150 people, who are all part of the IATSE union. They are carpenters, drafters, sculptors, painters, industrial paint technicians, artists, cabinet makers, and so on. On the tour I saw the moulding and sculpting area, digital sculpting, carpentry and fine carpentry areas, a drop room for paint-

ing that has a completely flat floor, an automotive spray booth, a certified spray booth, and a CNC router for precision cutting, etching, and engraving on a multitude of surfaces. There is a 10 tonne crane that tracks the length of the shop.

The shop was busy the day of my visit and due to confidentiality clauses, the clients for whom they were working were not revealed to me. But the lobby displays posters of previous work, including contributions to films like Legends of the Fall, Unforgiven, Mystery Alaska, and The Bourne Legacy (exploding cabin: F&D's handiwork). F&D has built exhibits for Universal Studios (Beijing, Osaka, and Orlando). They've built props, vehicles, floats, and exhibits for Disney (Hong Kong, Shanghai, Tokyo, California, and Florida) and for Disney cruise liners. Finn told me about creating the Calgary Public Library's Early Learning Centres at several branches. One of the kinetic sculptures they made for Cross Iron Mills is now in a mall in South Africa. Those YAHOO signs that are all over Calgary? Built by F&D.

I was truly amazed at the creativity arising within the old Dominion Bridge space, and the large scale at which it is happening. To find out more about F&D projects, check out their website at [fdscene.com](http://fdscene.com) and their social media platforms. F&D participates in Doors Open NYC and when that event returns sometime in 2022, be sure to visit. It really is a must-see.



Geoffrey the Giraffe for Toys R Us 2017

# The Little Brown Bat

(*Myotis lucifugus*)

By Carol Engstrom

I first became fascinated with bats in university, when I met Alberta's "bat man", Dr. Robert Barclay. I had registered for a field ecology course in the Okanagan. On our drive there, we stopped at Emerald Lake Lodge as Dr. Barclay had received a call on his "bat phone" to say there were bats flying around the dining room and disturbing the visitors. We put on masks and went into the attic, and yes there were bats. A whole colony of bats! We suggested to the staff that they block the holes in the ceiling, but otherwise not to disturb them.

I have learned that bats are the most abundant and diverse species on our planet, with over 1300 species worldwide and 9 species in Alberta. More bat facts:

- Bats are the only mammal that can truly fly.
- Bats use a lot of energy to fly, with their heart rate reaching up to 1000 beats per minute.
- BC has the greatest diversity of bats of any province in Canada; half of the sixteen bat species in BC are listed as vulnerable or threatened
- Bats rarely carry rabies and will sicken and die if they contract it, unlike some other animals that are unaffected carriers.
- Bats are not rodents and are protected under the most provincial wildlife acts as well as the Federal Species at Risk Act.
- Since the devastating fungus causing "White Nose Syndrome" was introduced to eastern North America in 2006, an estimated 6 million bats have died.
- Scientists have learned how to better help humans with vision problems by studying echolocation

## How can you help bats?

- The first thing to do is, do nothing. Leaving them alone is best.
- Give them a bat house to live in. You may purchase one and put it up in a bat friendly location.
  - There are many resources on the internet.
  - Plant insect friendly gardens.
  - Encourage other people to learn about bats. Our planet is amazing with its ecological diversity.



Bats are especially important to ecosystems, as they eat thousands of insects every night, which also helps farmers. They are essential pollinators for some crop and flower species. In Canada we only have insectivorous bats. There are also fruit bats which live in warmer countries, pollinating crops like agave plants, bananas, and cactus plants. Approximately 70% of tropical fruit plants eaten by humans are pollinated by bats.

Bats eat many other foods like fish, moths, flies, seeds, plant nectar, grasshoppers, rats, opossums, lizards and centipedes.

Bats spend the summer near rivers and lakes and often roost in trees, hiding between the bark and the tree. They also roost in caves, abandoned mine shafts, rock crevasses in canyons, and river valleys. They are often visible at night flying over lakes and rivers in urban areas. They are attracted by white lights where there are plenty of insects. Like some humans, bats like to migrate to warmer climates during the cold winters, while some (e.g. the hoary bat) hibernate in a warmer spot like a cave.

Some bat species roost in buildings and can enter through an opening as small as 3/8 inch in diameter. Bats do not chew holes in houses; they take advantage of existing holes to enter and exit a structure. Bats and humans can coexist quite happily, but if you find a bat on your property:

- Bats that accidentally get inside the house will most likely find their way out if you leave a window or door open.
- A sleeping bat can also be captured by covering it with a large, empty coffee can and gently sliding a piece of cardboard between the can and the surface the bat is sleeping on.
- Make sure you wear gloves as they can bite.
- Make sure children and pets stay inside when you release it.
- Once the bat is trapped inside, take the coffee can outside and let the bat fly away.
- If it is daytime, leave the bat in a dark area and release it at night, or place it in a tree or other sheltered area so the bat can leave on its own.

## Links

- Alberta Community Bat Program - [albertabats.ca](http://albertabats.ca)
- Merlin Tuttle - [merlintuttle.org](http://merlintuttle.org)

# A Corner of Health and Wellness

By Dr. Ac. Sandra Markieta

Integra Naturopathics has been a space for healing since 2005. They have been active members of the Ramsay community since moving to Bellevue Avenue in 2015. Brühe, a small food store, came to life just a few months later.



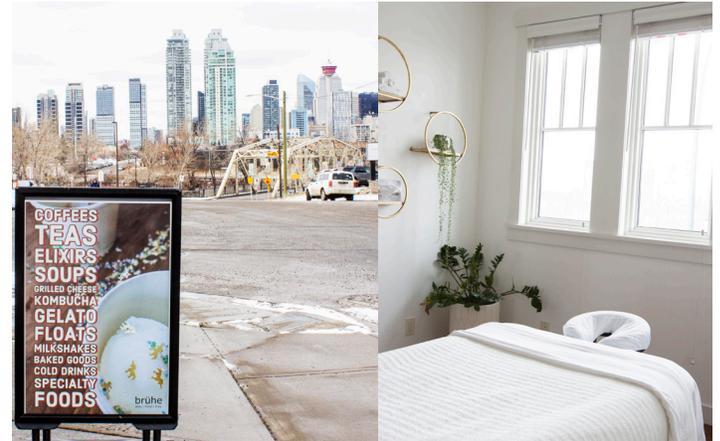
Naturopathic medicine, chiropractic care, massage therapy, osteopathy, and acupuncture mixed with Traditional Chinese Medicine are a basis of their current offerings. The newest member of the Integra Naturopathics' team is Dr. Sandra Markieta, a Doctor of Acupuncture and Traditional Chinese Medicine. For those curious about acupuncture and Traditional Chinese medicine (TCM), here is a quick overview.

The first historical documentation of acupuncture and TCM dates back nearly 3000 years ago in China. Clinical studies have shown that acupuncture can alleviate symptoms of many conditions ranging from musculoskeletal issues (body pain), nausea, headaches, anxiety, depression, insomnia, and infertility. This primarily works by stimulating and/or soothing the central nervous system to activate the body's natural healing abilities. The Traditional Chinese Medicine aspect offers an additional array of modalities ranging from cupping to botanical prescriptions.

Ramsay's history is deep and exciting with small reminders on many corners. At the crossing of Bellevue Ave and MacDonald Ave hangs a historic ice cream sign above Brühe, a space in which ice cream has been served for years and the tradition continues with the offering of small batch organic ice cream. Brühe, is the German word for broth. It is also a play on the word "brew," as there are many brewed products such as kombucha, tea, and coffee.

They serve traditional food with old school nutrition and are able to accommodate many dietary choices using high quality ingredients. Their goal is to bring traditional food and preparation methods to the forefront.

You can enjoy an afternoon of self care right here in Ramsay to relax and ease your body and mind at Integra Naturopathics and refuel at Brühe. There are always lemon bars, cups of bone broth, and much more.



## *Paddy's Barbecue & Brewery, serving great Barbecue & Brews for over Four years*

*We know you have lots of great restaurants to choose from & we wanted to let you know we are a short walk/ride from Ramsay. Family friendly!*

*Looking forward to the Spring & Patio weather. Reservations, delivery, or pickup orders on-line at Paddysbrewbecue.com Follow us @paddysbrewbecue*



*3610 Burnsland Rd. S.E.  
In the Barely Belt Beer District  
403-651-7150*



*Historic  
Ramsay*



*Ramsay's Very Own Specialist.*

Just So You Know...

**4 Active Listings**  
**\$490,999 > \$1,790,000**

**3 Sales for the Year**  
**\$505,000 > \$749,000**

**Ramsay - Exciting things are  
Always happening here!**

[www.patriciacranwell.com](http://www.patriciacranwell.com)

*1429- 15 Street SE*



**\$359,000**

**Built in 1900 this charming bungalow is perfect for a  
first time Buyer! Super clean and well maintained.  
Call to view! You will love this home!**

*I believe...*

Your home is unique and has its very own "Top" market value. Call me for a complimentary, confidential and up to date evaluation!

*Patricia*



**253-5678**

This communication is not intended to cause or induce a breach of an existing agency agreement.

**PATRICIA CRANWELL**

**I'm not #1 in my career – You are!**

# Winter Carnival Event

March 12, 2022

The Alexandra Centre Society, East Village Neighborhood Association, Kinkonauts Improv Theatre, Calgary Reads, Karen Scarlett, Inglewood Child Development Centre and JazzYYC groups are excited to host a Winter Carnival Event! March 12, 2022 10am-5pm

The event will include an outdoor scavenger hunt, food trucks, art activities, entertainment, special performances, and live music. Participants will be encouraged to contribute to a permanent musical fence installation. Activities will be hosted outdoors on the Alexandra Centre premises (922 9 Avenue SE), Jack Long Park, Calgary Reads' Little Red Reading House and on the east lawn at Fort Calgary. We invite everyone to come to this FREE event!

Winter Carnival attendees that participate in the free outdoor scavenger hunt will be entered into a draw to win prizes including a family membership to the National Music Centre, a gift card to the Deane House, Calgary Hitmen Tickets, book prizes from Calgary Reads and a set of free classes at the Alexandra Centre Society. All attendees will also be eligible for discounted admission to Fort Calgary. We look forward to seeing everyone there!

The Winter Carnival Event is generously supported by the Parks Foundation Calgary and the City of Calgary's Warm Up to Winter Grant.

**WINTER Carnival EVENT**

10:00am to 5:00pm  
**Saturday March 12 2022**

**Alexandra Centre**  
922 - 9 Ave SE

Warm Up to Winter  
Alexandra Centre Society  
icdc EAST VILLAGE  
THE KINKNAUTS  
LITTLE RED HOUSE  
JAZZY YC  
ARTIST  
karenscalett.com  
CALGARY'S JAZZ COLLABORATIVE

fun & creative outdoor activities

Scavenger hunt, art activities, special entertainment & performances, pet photo booth, food trucks & more!

Find out the most up-to-date information about the event here:  
[alexandracentresociety.org/winter-festival](http://alexandracentresociety.org/winter-festival)

# Winter Rec & Social 2022

By Nicole Battistella

On behalf of the RCA, thank you to our amazing community volunteers for creating and maintaining active and inclusive spaces this winter.

## Jeffries Park Adopt-A-Rink

Kolja Vainstein, Lead  
Pat Stewart  
Anna Vouladakis  
Bruce Weir  
Jeremy Boychyn  
Brianna Vyn  
Nial Smith  
Teresa Chan  
Rob Nicholls  
Mike Fletcher  
Adrian Echnert  
Stevyn Marsh  
Stephan Montgomery-Andersen

## Scotsman's Hill Adopt-A-Rink

Ray Chow, Lead  
Simon Battistella  
Mark Carignan  
Wayne Magwood  
Joline Magwood  
Charles Ingoldsby

## Ralphie, Ramsay's Elf on the Shelf

Nicole Newton, Lead  
Esther Middleton  
Bree Crone  
Christine Fletcher  
Maria Ansley  
Nic Riess  
Shelley Alexander  
Sheri Slin

## Cross Country Ski Tracks

Heidi Bench, Lead  
Travis Davies  
Vanessa Porteous  
Dan Ansley  
Maria Ansley  
Linda Ell  
Jeff Hohn  
Sue Collis  
Matthew Hicks

Huge thanks to Nicole Schon @ Crossroads Market for helping support Ramsay's winter initiatives as well as Calgary Parks Foundation and City of Calgary for the Embrace the Outdoors Grant.

THANK YOU



# Ramsay Community Clean-up

## May 21, 2022

Each year the City of Calgary Waste and Recycling Services partner up with community associations to help residents get rid of unwanted household items and property waste.

The event saves residents a trip to the landfill for items that do not fit in their waste and recycling carts and for residents that do not have

cart service by providing packer trucks with crews. This service is free to all Calgarians.

On Saturday, May 21st we will have three City of Calgary garbage trucks available (3 trucks for regular waste) to be filled while we clean up the community. There will be no truck for organics this year.



Approximately 20 Ramsay volunteers will support the clean-up work. Food and refreshments will be provided to volunteers courtesy of Boreal Cuisine (BBQ) and the RCA.

### Other services provided

- electronics and metal recycling
- car battery disposal (no single use batteries accepted)
- free/swap table
- charitable donations to the WINS (Women in Need Society)
- pick-up service—see Organizer contact info below.

### The following items may not be brought to the cleanup site

- fires
- household chemicals
- home appliances
- propane tanks
- glass
- paint
- liquids
- railroad ties



**Date:** Saturday May 21, 2022; 9:00 am - 2:00 pm. Our agreement with the City obliges us to turn people away at 2:00 pm. So, make sure to come early.

**Location:** Calgary Bridge Centre (the old community hall site) at 1136 - 8 Street S.E.

**Organizer:** David Graham email: [neoublee@telusplanet.net](mailto:neoublee@telusplanet.net)

We are looking for volunteers. Please contact David for further information. There will be a BBQ lunch by Boreal Cuisine and refreshments for volunteers.

# Ramsay Community Soccer

Ramsay Soccer is a volunteer run program that provides non-competitive soccer for players aged 3-9.

This is a fun program intended for kids to make new friends and learn a little about soccer at the same time.

### League

- **When:** Thursdays from 6 to 7pm, starting May 5 until June 23, 2022
- **Where:** Games will be played in the field next to the Ramsay rink
- This is a parented league; please ensure that one parent/guardian is present during games

### Registration

- Registration will be open from March to 3; Limited spots are available so please register early.

### Want to get involved?

We are looking for volunteers! We will require lots of coaches and some support people. Our season cannot move forward without you. No experience is required. You can sign up when registration begins in March.

More information to register will be available soon. Please check the RCA website or Ramsay Community Facebook page for how to register in March.



# Ways to Support People Experiencing Homelessness

By Alex Naylor, social worker and Ramsay resident

You may sometimes meet someone in our community who is cold and has nowhere to go. Below is a list of some services that can support folks on cold days. There is also an interactive map: [calgaryhomeless.com/winter-resources-live-map/](http://calgaryhomeless.com/winter-resources-live-map/)

## Daytime supports:

### Aboriginal Friendship Centre of Calgary, 316 7 Ave SE

- Hours of access: weekdays 8am-4pm
- Services: health, clothing, food, and Indigenous cultural supports

### Calgary Public Library, various locations

- Hours of access vary by library, see [www.calgarylibrary.ca](http://www.calgarylibrary.ca)
- Services: computer access, information, and the downtown Central Library offers drop-in mental health support at their Wellness Desk

### SORCe, City Hall LRT North Side

- Hours of access: weekdays 9am-4pm (closed 12pm-1pm)
- Services: basic needs, clothing, ID support, information, housing plans, and mental health referrals

### The Drop-In Centre (“the DI”), 1 Dermot Baldwin Way SE

- Hours of access: 7am-8pm
- Services: washroom access, snacks, and clothing

### The Mustard Seed Support Centre, 102 11 Ave SE

- Hours of access: 7am-7pm
- Services: food, winter clothing, and busing to the Mustard Seed shelter
- Sober environment

### The Inglewood Opportunity Hub by Woods Homes, 1008 14 Street SE

- Hours of access: 9am-7pm
- Services: warm meals, laundry, shower facilities, and winter clothing
- Intended for youth but they won't turn anyone away

### The Alex, 2840 2 Ave SE near Franklin LRT

- Hours of access: weekdays 9am-6pm, only on days when temperature or wind chill is expected to drop below -25°C for at least two hours
- Services: meals, housing support, food, and clothing

## If someone needs overnight support, here is a quick overview of places to look up:

- Alpha House and The Drop-In Centre
- The Mustard Seed Shelter (sober environment, 18+)
- Salvation Army (sober environment, for men 18-65)

- Inn from the Cold (for families, pregnant people and expecting couples)
- YWCA (for women, gender diverse and Two Spirit people)
- Avenue 15 (youth 12-17)

## Other ways to support people experiencing homelessness:

If you see someone in medical distress or you're not sure, always call 911 to reach emergency medical services.

Carry NARCAN (naloxone), available free and anonymously at any pharmacy. Go to [www.ahs.ca/naloxone](http://www.ahs.ca/naloxone) for more information on how to use it. The naloxone medication cannot harm someone and could save their life.

If you meet someone who is NOT in medical distress but they seem to be intoxicated and may be vulnerable and/or disruptive, call the DOAP Team (**403-998-7388**) who can come support the person and transport them to a safer place.

# Help the Green Line Help You

By Jessica Thorburn

As we prepare for construction of the Green Line LRT, the Green Line Team would like to know more about the people in communities where construction will be taking place.

Whether you are a Ramsay resident, business owner, community organizer, or any other type of stakeholder along the Green Line, visit the Green Line website to add your contact details so we can keep you updated with project information and specifics about construction in your area. This connection will also provide opportunity for ongoing engagement so we can better understand what you are looking for as we develop the surrounding areas and community infrastructure around the Green Line.

Construction on advanced works have already begun along some routes to make way for the Green Line. Work is happening in the Beltline to relocate some utilities infrastructure, with main construction on the LRT scheduled to begin in early 2024.

To add or update your contact information and receive updates about the Green Line in your neighbourhood, please visit: [calgary.ca/greenline](http://calgary.ca/greenline) for residents, or [calgary.ca/greenlinebusiness](http://calgary.ca/greenlinebusiness) for businesses.

WHERE'S GNOMIE?



COLD GARDEN

# Yoki & Jeff's Ramsay Real Estate Report

1214 Salisbury Avenue



624 Burns Avenue SE



- At time of writing, banks still threaten to increase rates – that keeps buyers buying
- Demand still outpaces Supply – Great time to list your home
- Home evaluation upon request, by Yoki, your neighbor and living in Ramsay

## Yearly Sales January – December

Detached Homes	2020	2021
<b>Bungalows/Bilevels</b>		
Lowest Price	\$237,500	\$290,000
Highest Price	\$1,250,000	\$695,000
Number of Sales	15	17
<b>1 1/2 , 2, 2 1/2 Storey</b>		
Lowest Price	\$403,000	\$1,490,000
Highest Price	\$2,900,000	\$322,500
Number of Sales	23	31
<b>SEMI-DETACHED HOMES</b>		
Lowest Price	\$775,000	\$799,000
Highest Price	\$950,000	\$1,070,000
Number of Sales	3	3



Relocation Specialist

## Yoki & Jeff Nichol

FROM ONE GENERATION TO THE NEXT  
"Both of us working for you"

Over 60 Years Combined Experience

CHAIRMAN'S CLUB LIFETIME MEMBER NATIONAL TOP 1%



"To give real service you must add something which cannot be bought or measured with money—sincerity and integrity"

403-852-1992 | 403-870-1892

Not intended to solicit properties already listed for sale



Relocation Specialist